

SARA WELLING

ACTOR | FIA | FREELANCER

📍 Helsinki, Finland
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EDUCATION

Helsinki Theatre Academy
Master of Arts in Theatre | Acting Major 2012

OTHER PROFESSION

Yoga Instructor | RYT 500

PROFILE

Birth: 1983
Body type: slim and athletic
Height: 166 cm
Hair: dark blonde / light brown
Eyes: blue

SPECIAL SKILLS

Singing
Mezzo-soprano / Soprano | Vocal range: A-c3
Dance, yoga, piano playing
and figure skating

LANGUAGES

Finnish: native language | English: excellent
Swedish, Danish, and Spanish: good/satisfactory

MOTHER'S JOBS

2015 →

Tämä ääni on mun -production 2020 →

- Lyricist, Singer and Producer
- Concerts 2020 →
- Debut album: Tämä ääni on mun, Texicalli, 2023 (Taike's grant)
- Musical, 2024 →
(Jenny and Antti Wihuri Foundation grant 2024)
Team coordinator, writer, actor, and singer

VOICE

- Speaker voice for Kasari radio station, Bauer media 2020 ->
- Audiobooks (15+)
- Dubbing
- TV and radio commercial voice overs and productions

CAMERA

Recent roles include:
Roba, Sunnuntailounas, and Syke TV series

THEATRE

Helsinki City Theatre
Permanent contract and theatre productions during 2011 - 2014

Notable roles include:

Mirkka (leading role) in Kapteeninkadun tyttö -musical / ohj. Milko Lehto / säv. Esa Nieminen

Additionally, extensive experience as a freelancer in various productions, roles, and theatres, including: Aleksanterin Theatre, Teatteri Takomo, Kouvola Theatre, Samppalinnna Summer Theatre, Uusi Iloinen Teatteri and Linnateatteri